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**Welcome to the Atomic Hammer Club**

The "Atomic Hammer Club" was formed in 2002 to recognize the top of the Atomic Youth Rowing program. The score posted here is the fastest unadjusted 2000m Ergometer time recorded while the athlete was part of the Oak Ridge Rowing Youth Program. **Names in yellow are active athletes that continue to toward the top of the chart.** The Erg King and Queen are recognized for raising the bar of themselves and the team. The guidelines are simple to make the club the athlete must break the required time for their gender. Upon achieving that time the athlete receives a T-shirt with the "Atomic Hammer Club" Logo on it and is posted on the ranking board located on the team website and ranked. Congratulations to all that have pushed themselves to achieve more, may it inspire others to do great things.

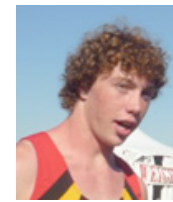
**Females**

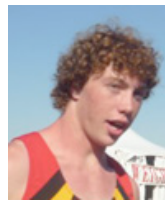
**Males**

**Time Standard for Female Youth Athletes Sub 8:00**

**Time Standard for Male Youth Athletes Sub 7:00**

Name	Class	ORRA 2K PR
 <b>ERG QUEEN</b> Bryna Oleshansky [07,'08 Top Erg] (Queen 2009-Present) Bearden High School 2010		7:11.8
<b>Emily Dayley</b> (Queen 2005-2009) Oak Ridge High School	2006	7:15.7
<b>Abby Watson</b> Oak Ridge High School	2011	7:24.5
<b>Acey Neel</b> (Queen 1996-2005) Oak Ridge High School	1997	7:32.6
<b>Sara Fall</b> (Ltwl) Oak Ridge High School	1997	7:34.0
<b>Linda Loyd</b> (Ltwl) Oak Ridge High School	1998	7:34.2
<b>JP Cantrell</b> [02-'03 Top Erg] Oak Ridge High School	2003	7:34.4
<b>Rachel Cade</b> [05, '06 Top Erg] Oak Ridge High School	2008	7:35.7
<b>Andrea Waddle</b> [01 Top Erg] Oak Ridge High School	2001	7:37.1
<b>Bethany Dunn</b> Oak Ridge High School	2010	7:41.7
<b>Rachel Watson</b> [04 Top Erg] Oak Ridge High School	2005	7:42.8



Name	Class	ORRA 2K PR
 <b>ERG KING</b> Seth Parker (King 2007- 2008, 2009 Apr) Oak Ridge High School	2009	6:20.3
<b>Kevin Cady</b> [06 Top Erg (King 2009 Jan-April) Oak Ridge High School	2009	6:23.2
<b>Alan Satterwhite</b> (King 2005-2007) Oak Ridge High School	2006	6:28.5
<b>Brian Harris</b> (King 2004-2005) Oak Ridge High School	2004	6:28.6
<b>Micheal Mealer</b> (Ltwl) (King 1998-2004) Oak Ridge High School	1998	6:28.7
<b>Tolsun Waddle</b> (King 1997-1998) Oak Ridge High School	1997	6:32.3
<b>Andrew Hardy</b> Oak Ridge High School	2007	6:33.4
<b>Lucas Campbell</b> Oak Ridge High School	2009	6:34.6
<b>Michael Maggert</b> Catholic High School	2007	6:38.3
<b>Andrew Gartseff</b> Oak Ridge High School	2007	6:39.7
<b>Phil Reath</b> Webb School	2009	6:43.6

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<b>Lily Adler</b> Oak Ridge High School	2009	7:43.2	<b>Stephen Palmer</b> Oak Ridge High School	2010	6:47.1
<b>Robin Parker (Ltw)</b> Oak Ridge High School	2011	7:45.0	<b>Jarred Barnes</b> Oak Ridge High School	1996	6:47.9
<b>Kelsey Roy</b> Oak Ridge High School	2006	7:46.0	<b>Mike Dey ('02 Top Erg)</b> Oak Ridge High School	2003	6:48.6
<b>Hannah Larson</b> Oak Ridge High School	2007	7:46.4	<b>Matt Clark</b> Clinton High School	2005	6:49.6
<b>Loni Albrecht</b> Oak Ridge High School	2012	7:47.3	<b>Micah Douglas</b> Oak Ridge High School	2010	6:50.9
<b>Sarah Wing</b> Oak Ridge High School	2003	7:47.3	<b>Will Wing</b> Oak Ridge High School	2007	6:51.1
<b>Megan O'Neil</b> Oak Ridge High School	2003	7:47.5	<b>David Berry</b> Oak Ridge High School	2001	6:51.3
<b>Sara Neil</b> Oak Ridge High School	1997	7:47.7	<b>Matt Peterson (Ltw)</b> Clinton High School	2006	6:54.9
<b>Kari Ogradowski</b> Webb School	2007	7:48.2	<b>Phillip Holtkamp</b> Oak Ridge High School	2006	6:55.5
<b>Lauren Kueck</b> Oak Ridge High School	1997	7:50.1	<b>Bryce Galen</b> Oak Ridge High School	2001	6:56.8
<b>Grace Wright (Ltw)</b> Webb School	2003	7:50.2	<b>Steffan Pienkowski (Ltw)</b> Oak Ridge High School	2010	6:59.1
<b>Liz Parham</b> Oak Ridge High School	2001	7:54.5	<b>Travis Bonar</b> Oak Ridge High School	2006	6:59.2
<b>Katelyn Campbell</b> Oak Ridge High School	2006	7:57.0	<b>Sam Adler</b> Oak Ridge High School	2012	6:59.9
<b>Jen Grady (Ltw)</b> Oak Ridge High School	2004	7:57.3			
<b>Kristin Jones (Ltw)</b> Webb School	2007	7:58.0			
<b>Nicole Birdwell</b> Oak Ridge High School	2006	7:58.9			
<b>Ford Heiner (Ltw)</b> Oak Ridge High School	2004	7:59.7			
<b>Allie Gartseff</b> Oak Ridge High School	2005	7:59.9			
<b>Coxswains</b>		<b>1000m Split at TN Indoors</b>			
<b>Evelyn Radford</b> Oak Ridge High School	2009	1:58.9			
<b>Bailey Larson</b> Oak Ridge High School	2005	1:59.1			

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